

CURRICULUM VITAE

Brenna (Beecroft) Liebold, MT-BC, WMTR

Academic Background

Post-baccalaureate Education:

ALVERNO COLLEGE, Milwaukee, WI

Bachelor of Music Therapy Equivalency Program, 2004

Baccalaureate Education:

CONCORDIA UNIVERSITY WISCONSIN, Mequon, WI

Bachelor of Arts in Music, 2001

Additional Training and Education

Mindfulness Certification recognized by The Complimentary Medical Association, April 2021

Sleep Science Coach Certification Program at Spencer Institute, June 2020

Stress Management Coach Certification at Spencer Institute, April 2020

Certified Dementia Practitioner® training in Waukesha, WI, July 2016

Medical billing and reimbursement online training course by MedicalBillingCourse.com, May 2013

Benevolent touch training at Allay Home and Hospice in Brookfield, Wisconsin, January 2013

Basic neuroscience of music in therapy approved online continuing education course by Summit Music Therapy Services, January 2013

Music therapy reimbursement approved online continuing education course by American Music Therapy Association, December 2012

Pain and music therapy applications training at Alverno College in Milwaukee, Wisconsin, March 2005

Neurologic Music Therapy (NMT) training at Colorado State University's Center for Biomedical Research in Music in Fort Collins, Colorado, February 2005

Music Together® early childhood music teacher training in Chicago, Illinois, October 2004

Certifications

Certified Sleep Science Coach, June 2020 – Present

Certified Stress Management Coach, April 2020 – Present

Music Therapist – Board Certified (MT-BC), 2004 – Present

Certified Dementia Practitioner, August 2016 – 2018

Neurologic Music Therapist (NMT), 2005 – 2008

Licensures

Wisconsin Music Therapy Registry (WMTR), 2007 – Present

Work Experience

[LOVE IT. LIVE IT. MUSIC.](#), Oconomowoc, WI

Business Owner, Music Therapist, Sleep Science/Stress Management Coach, and Content Writer
August 2019 – Present

[LIVING SKILLS FOR MUSIC THERAPISTS](#), Oconomowoc, WI

Business Owner, Online Course Designer, and Continuing Education Instructor
June 2019 – Present

[LIVING MELODIES](#), Oconomowoc, WI

(formerly Music 4 Life Music Therapy Services)

Business Owner, Staffing and Service Coordinator, and Hospice/Elder/Developmental Disability Music Therapist Contractor
March 2004 – Present

CREATIVE ARTS ENTERPRISE OF WISCONSIN, LLC, Oconomowoc, WI

Business Owner, Independent Book Publisher, Self-Help and Children's Books Author
February 2011 – Present

ALVERNO COLLEGE, Milwaukee, WI

Adjunct Faculty/Instructor and Curriculum Development
January – May 2016, August – December 2014

ALLAY HOME & HOSPICE, Brookfield, WI

Hospice Music Therapist
August 2011 – July 2013

HEARTLAND HOME HEALTH AND HOSPICE, Brookfield, WI

Hospice Music Therapist
July 2009 – April 2010

OAKWOOD VILLAGE, Madison, WI

Elder Music Therapist
August 2005 – July 2009

MUSIC THERAPY SERVICES OF WAUKESHA COUNTY, Hartland, WI

Developmental Disabilities Music Therapist
August 2006 – February 2008

FRANCISCAN VILLA, South Milwaukee, WI

Elder Music Therapist
August 2005 – August 2006

WISCONSIN CONSERVATORY OF MUSIC, Milwaukee, WI

Elder/Developmental Disabilities Music Therapist and Early Childhood Music Teacher/Curriculum Planner

March 2004 – July 2005

Music Therapy Intern

September 2003 – March 2004

CASCIO INTERSTATE MUSIC, New Berlin, WI

Piano, Voice, & Guitar Instructor

2003 – 2004

NORTSHORE ELITE FITNESS AND RACQUET CLUB, Glendale, WI

Piano Instructor

2001 – 2003

ROBERT HALF INTERNATIONAL, INC., Milwaukee, WI

Administrative Assistant, June 2001 – September 2003

Publications

Online Continuing Education Courses for Music Therapists:

1. **Liebold, B. T.** (2018). *Infection control B.E.S.T. practices for music therapists*. Greenfield, WI: Living Melodies.
2. **Liebold, B. T.** (2017). *Music therapy toolkit courses: Entrainment & the iso principle*. Greenfield, WI: Living Melodies.
3. **Liebold, B. T.** (2017). *The music therapist's guide to clinical documentation*. Greenfield, WI: Living Melodies.

Musical Children's Books:

1. **Beecroft, B. T.** (2014). *The hungry wolf: A musical folktale from Russia* (Apple iBooks version). Franklin, WI: Creative Arts Enterprise of Wisconsin, LLC
2. **Beecroft, B. T.** (2014). *The night before Christmas* (Apple iBooks version). Franklin, WI: Creative Arts Enterprise of Wisconsin, LLC.
3. **Beecroft, B. T.** (2014). *A is for apples: A write and sing alphabet book* (Apple iBooks version). Franklin, WI: Creative Arts Enterprise of Wisconsin, LLC.
4. **Beecroft, B. T.** (2013). *A is for apples: A sing-a-long alphabet book* (Android ebook app version). Franklin, WI: Creative Arts Enterprise of Wisconsin, LLC.
5. **Beecroft, B. T.** (2013). *Butterfly, butterfly: A musical learning book for developing classification skills* (Android ebook app version). Franklin, WI: Creative Arts Enterprise of Wisconsin, LLC.
6. **Beecroft, B. T.** (2013). *The lion's drum: A musical folktale from Africa* (Android ebook app version). Franklin, WI: Creative Arts

7. **Beecroft, B. T.** (2012). *Butterfly, butterfly: A musical learning book for developing classification skills*. Muskego, WI: Creative Arts Enterprise of Wisconsin, LLC.
8. **Beecroft, B. T.** (2012). *The lion's drum: A musical folktale from Africa*. Muskego, WI: Creative Arts Enterprise of Wisconsin, LLC.

Adult Self-Help Books:

1. **Liebold, B. T.** (2021). *Sleep rhythm reset* (ebook). Oconomowoc, WI: Love it. Live it. Music.
2. **Liebold, B. T.** (2020). *A prompted journal for awareness through music*. Oconomowoc, WI: Love it. Live it. Music.
3. **Liebold, B. T.** (2020). *Mindful feelings pocket tracker*. Oconomowoc, WI: Love it. Live it. Music.
4. **Beecroft, B. T.** (2011). *Music listening for relaxation*. Muskego, WI: Music 4 Life Music Therapy Services.

Professional Interviews

Interviews for Non-Peer-Reviewed Articles:

1. Suplee, C. (2021). Music that heals. *Curb Magazine*. <https://curbonline.com/music-that-heals/>
2. Sieben, L. (2018, August). The power to heal. *MKE Lifestyle*. <https://www.mydigitalpublication.com/publication/?i=512205&p=27&pp=1&view=issueViewer>
3. Bennett, B. (2012, September 10). Turn up the tunes for physical, mental wellbeing. *Quad-Cities Online*. <http://www.qconline.com/archives/qco/display.php?id=607624>
4. Tabachnick, S. (2012, January 12). Scientists study music's effects on our brains and bodies. *Isthmus*. <http://www.thedailypage.com/isthmus/article.php?article=35682>

Interviews for Film or Television:

1. Ricucci, M. (2012, October 13). Universal musicare: The music therapy experience. *Terra Rising Records, LLC*.

Interviews for Radio:

1. Ferrett, R. & Rueckert, V. (2013, December 18). The healing power of music. *Wisconsin Public Radio: Central Time*. <http://www.wpr.org/healing-power-music>

Research

Post-baccalaureate Research

COLUMBIA ST. MARY'S HOSPITAL, Milwaukee, WI

Unpublished pilot study on the effect of music-facilitated relaxation on stress and anxiety in radiation oncology patients using self-report and immunoglobulin-A markers (research advisor: Diane Knight, MS, MT-BC), May 2004 – May 2005

Undergraduate Research

ALVERNO COLLEGE, Milwaukee, WI

Unpublished pilot study on the effect of background music on the attention span of preschoolers during a visuospatial task (research advisor: Diane Knight, MS, MT-BC), January 2003 – May 2003

Presentations and In-Services

Conference/Poster Presentations (Non-Juried/Refereed):

1. Taylor, D., Knight, D., Steele, A. L., Lindstrom, J., Dobson, C., **Beecroft, B. T.**, Chen, R., Tomaino, C., & Bosler, A. (2012, October 11). Music therapy and the brain. *American Music Therapy Association National Conference*, St. Charles, IL.
2. **Beecroft, B. T.** (2005, May 3). Breaking free from the sound of silence: Therapeutic applications of music for Alzheimer's disease and caregivers. *Greater Wisconsin Chapter Alzheimer's Association Conference*. Milwaukee, WI.
3. Olson, C., Bauman, P., Knight, D., Barczak, B. J., **Beecroft, B. T.**, & Lopez, C. (2005, March 4). Music therapy in the radiation therapy department at Columbia St. Mary's Hospital. *American Music Therapy Association National Conference*. Milwaukee, WI.
4. Taylor, D., Knight, D., Darnell, V., Palmer Blue, R., & **Beecroft, B. T.** (2003, November). Biomedical foundations of music therapy. *American Music Therapy Association National Conference*. Minneapolis, MN.
5. Taylor, D., Knight, D., Darnell, V., & **Beecroft, B. T.** (2003, March). Biomedical foundations of music therapy. *Great Lakes Region Music Therapy Conference*. Minneapolis, MN.

Other Professional Presentations:

1. **Liebold, B. T.** (2017, June 7). When are hospice patients appropriate for music therapy? *Serenity Hospice Interdisciplinary Group Meeting*: Germantown, WI.
2. **Liebold, B. T.**, Mangold, K., & Steele, J. (2016, October 18). Addressing pain and anxiety: A holistic approach. *Allay Home & Hospice Community Education Series*: Brookfield, WI.
3. **Beecroft, B. T.** (2016, May 10). Introduction to music therapy and creative uses of music for activity professionals. *Milwaukee Area Activity Professionals meeting*. New Berlin, WI.
4. **Beecroft, B. T.** (2016, May 9). Music therapy at the end of life. *Allay Home & Hospice management meeting*. Brookfield, WI.
5. **Beecroft, B. T.** (2016, January 28). Music therapy and dementia behavior management. *Heritage at Deer Creek staff in-service*. New Berlin, WI.
6. **Beecroft, B. T.** (2015, May 18). Using music to maintain health and wellness. *Lincoln Lutheran Auxiliary luncheon*. Racine, WI.
7. **Beecroft, B. T.** (2015, April 21). Music therapy in hospice. *Kettle Moraine Gardens nursing staff in-service*. Kewaskum, WI.

8. **Beecroft, B. T.** (2015, March 24). Music therapy in hospice. *Lindengrove – Mukwonago nursing staff in-service*. Mukwonago, WI.
9. **Beecroft, B. T.** (2015, February 11). Music therapy in hospice. *Serenity Hospice Care staff in-service*. Germantown, WI.
10. **Beecroft, B. T.** (2014, September 25). Music therapy 101 for health care professionals. *Oak Creek Place community education series*. South Milwaukee, WI.
11. **Beecroft, B. T.** (2014, August 21). Music therapy for “Elderberries.” *Lutheran Church of the Resurrection Elderberries luncheon*. Racine, WI
12. **Beecroft, B. T.** (2014, February 22). Music-listening for relaxation. *The Wisconsin Chapter for Music Therapy continuing education workshop on self-care for the music therapist*. Milwaukee, WI.
13. **Beecroft, B. T.** (2014, February 16). The history of music as medicine. *Hales Corners Historical Society lecture series*. Hales Corners, WI.
14. **Beecroft, B. T.** (2013, November 19). Music therapy for self-expression in hospice care. *Allay Home and Hospice staff in-service*. Brookfield, WI.
15. **Beecroft, B. T.** (2013, November 5). The music therapist’s role on an interdisciplinary hospice team. *Allay Home and Hospice staff in-service*. Brookfield, WI.
16. **Beecroft, B. T.** (2013, April 25). An understanding of music therapy through the music. *Greater Milwaukee Medical Assistants meeting*. Milwaukee, WI.
17. **Beecroft, B. T.** (2013, February 24). Musical folk traditions of wisconsin. *Hales Corners Historical Society lecture series*. Hales Corners, WI.
18. **Beecroft, B. T.** (2012, July 17). Here’s to your health: Music in aging. *Meadowmere community education series*. West Allis, WI.
19. **Beecroft, B. T.** (2012, May 10). The anatomy and physiology of music therapy. *Lincoln Village continuing education nursing in-service*. Racine, WI.
20. **Beecroft, B. T.** (2010, February 6). Geriatric intervention swap shop. *Wisconsin Chapter for Music Therapy intervention swap workshop*. Madison, WI.
21. **Beecroft, B. T.** (2009, September 9). An introduction to music therapy. *Heartland Hospice volunteer in-service*. Brookfield, WI.
22. **Beecroft, B. T.** (2009, June 11). Music therapy for Parkinson’s disease. *Oakwood Village Parkinson’s disease support group meeting*. Madison, WI.
23. **Beecroft, B. T.** (2009, February 12). Music therapy tools and techniques for relaxation. *Alverno College student lab*. Milwaukee, WI.
24. **Beecroft, B. T.** (2009, January 28). The tools of a music therapist. *Madison Area Chaplains meeting*. Madison, WI.

25. **Beecroft, B. T.** (2008, May 6). Music therapy in resident-centered care. *Oakwood Village Health and Rehabilitation Center nursing in-service*. Madison, WI.
26. **Beecroft, B. T.** (2006, July 3). Music therapy for mature adults. *Oakwood Village Resident Council meeting*. Madison, WI.
27. **Beecroft, B. T.** (2006, March 8). Neurologic music therapy. *Franciscan Villa rehabilitation department in-service*. South Milwaukee, WI.

Professional Affiliations

Member of Wisconsin Chapter for Music Therapy, 2002 – Present

Member of American Music Therapy Association, 2003 – 2008

Community Service Activities

Supervisor for Carrol University on-site music therapy clinical, 2017 – Present

Public Relations Chair for Wisconsin Chapter for Music Therapy, 2011 – Present

Supervisor for Alverno College on-site music therapy geriatric clinical, 2004 – Present

Submissions judge for Indian Summer Music Awards, 2018

Music contributor to Hope 4 Grief, an online grief resource and support group, 2013 – 2015

Co-supervisor for Alverno College university-affiliated internship site, March 2013 – March 2014

Webmaster for Wisconsin Chapter for Music therapy, 2009 – 2011

Special Olympics swimming coach, 1999 – 2001